

# DynaFlex Dorsal®/Herbst® with Accu-Fit

## INSTRUCTIONS FOR DOCTOR ONLY

USE THE PROCESSES BELOW ONLY AS NEEDED; THE PATIENT SHOULD NEVER HEAT THE DEVICE ON THEIR OWN.

### DELIVERY:

Following this procedure ensures a perfect fit in a matter of minutes each and every time.

1. Place in 160 degree water for approximately 3-5 sec.
2. Immediately place heated device in the mouth.
3. Allow device to cool in mouth for 20-30 sec.
4. Remove device and finish cooling liner with cold water until white.

### NEW CROWN/ BRIDGE:

Always have opposing device in mouth when reforming to new dentition to maintain current dimensions.

1. Place device in 160° water until liner turns clear (30-60 sec.). **Caution:** *If water is too hot device will warp.*
2. Once the liner is clear, quickly remove the device and allow cooling for approximately 10 sec.  
**Caution:** *If white spots start to show, re-heat until clear again.*
3. Fit heated device to new dentition, be sure opposing device is in place.
4. Once seated, cool the Accu-Fit with short bursts of air (an air/water syringe). Cool in mouth for 30-60 sec.  
**Caution:** *DO NOT leave device unattended, device will permanently lock onto teeth if fully cooled in mouth and will have to be cut out.*
5. Once removed from mouth, trim (do not pull) away the flashed excess material from the device with curved scissors.
6. Finish cooling the liner with cold water or freeze spray, until fully white again.
7. Using a polishing brush, remove the reaming edges of the liner and smooth.

**Have  
Questions?  
1-800-489-4020**